December 2024: Mental Health and

Well-being Newsletter



## 'Too Good to Go' App

The 'Too Good to Go' app is an on-line platform for restaurants and eateries to offer end-of-day produce at a heavily discounted rate. There main aim is to reduce food waste, whilst helping families purchase some amazing bargains on food.

## CCGC Foodbank

This time of year, can add financial pressures for families. Our local, community foodbank is there for those in most need, particularly over the festive holidays where children at home more.





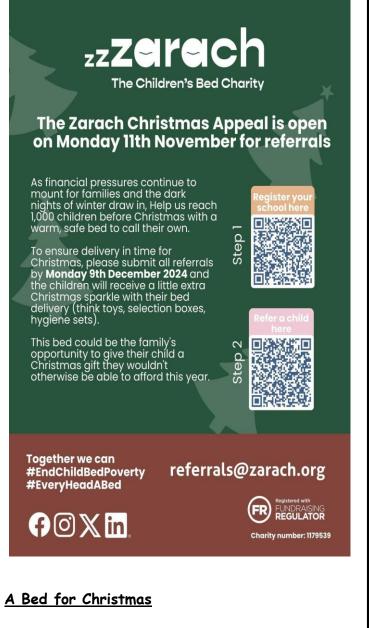
## <u>Thank you!</u>

Your kind donations towards our pyjama Christmas appeal have blown us away! I will be dropping the donations off in the next week, and I know how grateful the families receiving them will be. Altogether we collected, 45 sets of pyjamas. Thank you! #DaneRoydProud

## Children and Young People's Plan

The current Children and Young People's Plan ends in 2025 and we want to hear what matters to our communities. In the past, contributions from young people have led to real and meaningful changes, including improved activities, enhanced support services, and safer spaces throughout Wakefield. This is a powerful opportunity to make a tangible difference once more.





Beds have become a luxury item for hundreds of thousands of families, who face the devastating decision to pay for food and fuel or to buy a bed.

Zarach's mission is to ensure that every child in England has a bed of their own; giving them a greater chance to learn and succeed at school.

If you are in need of a bed for your child, then please speak to a member of the Senior Leadership Team who will happily make the referral on your behalf. On average, a new bed bundle, including a bed-frame, mattress, duvet and bedding, will be delivered in 7 days of submitting the referral.